

billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call 1-855-756-4448 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	<u>Network</u> : \$7,500 Individual/\$15,000 Family Out-of-Network: \$22,500 Individual/\$45,000 Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. In-network preventive health care, services with a <u>copayment</u> , and certain <u>prescription drugs</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	<u>Network</u> : \$9,200 Individual/\$18,400 Family Out-of-Network: Unlimited Individual/Unlimited Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	<u>Premiums</u> , <u>balance billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.bcbsok.com/bluepreferredppo</u> or call 1-866-520-2507 for a list of <u>network</u> <u>providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

Blue Cross and Blue Shield of Oklahoma, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association



All **<u>copayment</u>** and **<u>coinsurance</u>** costs shown in this chart are after your **<u>deductible</u>** has been met, if a **<u>deductible</u>** applies.

Common Services You May Need Medical Event		What You	u Will Pay	Limitations, Exceptions, & Other Important	
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	\$50/visit; <u>deductible</u> does not apply	30% <u>coinsurance</u>	Telemedicine Visits are available. See your benefit booklet* for details.	
lf you visit a health care <u>provider's</u> office	<u>Specialist</u> visit	\$100/visit; <u>deductible</u> does not apply	30% <u>coinsurance</u>	None	
or clinic	<u>Preventive</u> <u>care/screening</u> /immunization	No Charge; <u>deductible</u> does not apply	30% <u>coinsurance</u>	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	50% <u>coinsurance</u>	50% <u>coinsurance</u>	None	
n you nave a lest	Imaging (CT/PET scans, MRIs)	50% <u>coinsurance</u>	50% <u>coinsurance</u>	Preauthorization is required; see your benefit booklet* for details.	

		What You Will Pay		Limitations, Exceptions, & Other Important	
Common Medical Event	Services You May Need	Network Provider	Out-of-Network Provider	Information	
		(You will pay the least)	(You will pay the most)		
If you need drugs to	Generic drugs	Retail: Preferred Participating - \$25/prescription Participating - \$25/prescription Mail - \$75/prescription; <u>deductible</u> does not apply	Retail: \$25/prescription; <u>deductible</u> does not apply plus 50% additional charge	Limited to a 30-day supply at retail (or a 90-day supply at a <u>network</u> of select retail pharmacies). Up to a 90-day supply at mail order. <u>Specialty drugs</u> are limited to a 30- day supply except for certain FDA-	
treat your illness or condition More information about	Brand drugs (Preferred)	Retail: Preferred Participating - \$50/prescription Participating - \$50/prescription Mail - \$150/prescription after <u>deductible</u>	Retail: \$50/prescription after <u>deductible</u> plus 50% additional charge	designated dosing regimens. <u>Preauthorization</u> is required for certain drugs. Payment of the difference between the cost of a brand name drug and a generic may also be required if a generic drug is available. Your cost for a covered	
prescription drug coverage is available at www.bcbsok.com/rx25 /4T	Brand drugs (Non-Preferred)	Retail: Preferred Participating - \$100/prescription Participating - \$100/prescription Mail - \$300/prescription after <u>deductible</u>	Retail: \$100/prescription after <u>deductible</u> plus 50% additional charge	insulin drug will not exceed \$30 per 30-day supply or \$90 per 90-day supply.	
	Specialty drugs	\$500/prescription after <u>deductible</u>	\$500/prescription after <u>deductible</u> plus 50% additional charge		
lf you have	Facility fee (e.g., ambulatory surgery center)	50% <u>coinsurance</u>	\$2,000/visit plus 50% <u>coinsurance</u>	<u>Preauthorization</u> is required. For Outpatient Infusion Therapy, see your	
outpatient surgery	Physician/surgeon fees	50% <u>coinsurance</u>	50% <u>coinsurance</u>	benefit booklet* for details.	
	Emergency room care	50% <u>coinsurance</u>	50% <u>coinsurance</u>	Out-of-network <u>cost share</u> is subject to <u>Network deductible</u> .	
اممالمم محمد ملاملا	Emergency medical transportation	50% <u>coinsurance</u>	50% <u>coinsurance</u>	None	
	Urgent care	\$75/visit; <u>deductible</u> does not apply	30% <u>coinsurance</u>	None	
If you have a hospital	Facility fee (e.g., hospital room)	50% <u>coinsurance</u>	\$2,000/visit plus 50% <u>coinsurance</u>	<u>Preauthorization</u> is required. Facility: <u>Preauthorization</u> penalty: \$500. See your benefit booklet* for details.	
stay	Physician/surgeon fees	50% <u>coinsurance</u>	50% <u>coinsurance</u>	Preauthorization is required. See your benefit booklet* for details.	

		What You	u Will Pay	Limitations, Exceptions, & Other Important	
Common Medical Event	Services You May Need	Network ProviderOut-of-Network Provider(You will pay the least)(You will pay the most)		Information	
lf you need mental health, behavioral	Outpatient services	\$50/office visit; <u>deductible</u> does not apply or 50% <u>coinsurance</u> for other outpatient services	30% <u>coinsurance</u>	Telemedicine Visits are available. <u>Preauthorization</u> is required; see your benefit booklet* for details.	
health, or substance abuse services	Inpatient services	50% <u>coinsurance</u>	\$2,000/visit plus 50% <u>coinsurance</u>	<u>Preauthorization</u> is required; see your benefit booklet* for details. <u>Preauthorization</u> penalty: \$500.	
	Office visits	Primary Care: \$50/initial visit <u>Specialist</u> : \$100/initial visit; <u>deductible</u> does not apply	30% <u>coinsurance</u>	<u>Copayment</u> applies to first prenatal visit only (per pregnancy). <u>Cost sharing</u> does not apply for <u>preventive services</u> .	
lf you are pregnant	Childbirth/delivery professional services	50% <u>coinsurance</u>	50% <u>coinsurance</u>	Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> , or <u>deductible</u> may apply. Maternity care may include	
	Childbirth/delivery facility services	50% <u>coinsurance</u>	\$2,000/visit plus 50% <u>coinsurance</u>	tests and services described elsewhere in the SBC (i.e., ultrasound).	
	<u>Home health care</u>	50% <u>coinsurance</u>	50% <u>coinsurance</u>	30 visits/year. Preauthorization is required.	
	Rehabilitation services	\$50/visit; <u>deductible</u> does not apply	30% <u>coinsurance</u>	Outpatient: Separate 25-visit limit per benefit period for <u>Rehabilitation</u> and Habilitation services, which includes	
lf you need help recovering or have other special health	Habilitation services	\$50/visit; <u>deductible</u> does not apply	30% <u>coinsurance</u>	physical, speech, occupational therapy, and muscle manipulation. Inpatient: Separate 30-day maximum for <u>Rehabilitation</u> and <u>Habilitation services</u> per benefit period. <u>Preauthorization</u> is required. <u>Preauthorization</u> penalty: \$500.	
needs	Skilled nursing care	50% <u>coinsurance</u>	50% <u>coinsurance</u>	30 days/year. <u>Preauthorization</u> is required. Inpatient <u>Preauthorization</u> penalty: \$500.	
	Durable medical equipment	50% <u>coinsurance</u>	50% <u>coinsurance</u>	None	
	Hospice services	50% <u>coinsurance</u>	Inpatient: \$2,000/visit plus 50% <u>coinsurance</u> Outpatient: 50% <u>coinsurance</u>	<u>Preauthorization</u> is required. Inpatient <u>Preauthorization</u> penalty: \$500.	

			What You Will Pay		Limitations, Exceptions, & Other Important Information	
Common Medical Event		Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
		Children's eye exam	No Charge; <u>deductible</u> does not apply	Up to a \$30 reimbursement is available	One visit per year. Out-of-Network reimbursement will not exceed the retail cost. See your benefit booklet* (Pediatric Vision Care Benefits) for details.	
lf your child needs dental or eye care		Children's glasses	No Charge; <u>deductible</u> does not apply	Up to a \$75 reimbursement is available	One pair of glasses per year. Reimbursement for frames, lenses, and lens options purchased Out-of-Network is available (not to exceed the retail cost). See your benefit booklet* (Pediatric Vision Care Benefits) for details.	
		Children's dental check-up	Not Covered	Not Covered	None	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (C	heck your policy or <u>plan</u> document for more inform	mation and a list of any other <u>excluded services</u> .)
 Abortion (unless the life of the mother is endangered) Acupuncture Bariatric surgery (for treatment of obesity/weight reduction) Cosmetic surgery (Except when <u>medically</u> <u>necessary</u>) 	 Dental care (Adult and Child) Infertility treatment Long-term care Non-emergency care when traveling outside the U.S. 	 Routine eye care (Adult) Routine foot care (except when <u>medically</u> <u>necessary</u>) Weight loss programs
Other Covered Services (Limitations may apply to	o these services. This isn't a complete list. Please	see your <u>plan</u> document.)
Chiropractic care (Chiropractic and Osteopathic manipulation combined with outpatient therapies limited to 25 visits per calendar year)	 Hearing aids (limited to one each ear every 48 months) 	 Private-duty nursing (limited to 85 visits per year)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the <u>plan</u> at Blue Cross and Blue Shield of Oklahoma at 1-866-520-2507 or visit <u>www.bcbsok.com</u>. You may also contact your state insurance department at 1-405-521-2991 or the, Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</u>. Other coverage options may be available to you too, including buying individual insurance coverage through the <u>Health Insurance</u> <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596 or state <u>Health Insurance Marketplace</u> or SHOP.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Oklahoma Department of Insurance, Consumer Protection at 1-405-521-2991 or <u>www.oid.ok.gov</u>.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-520-2507.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-520-2507.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-866-520-2507.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-520-2507.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a B (9 months of in-network pre-na hospital delivery)	tal care and a	Managing Joe's Type 2 Diabetes (a year of routine in-network care of a well- controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follo up care)	
Specialist copayment\$100Hospital (facility) coinsurance50%		 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$7,500 \$100 50% 50%	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$7,500 \$100 50% 50%
This EXAMPLE event includes services like:Specialistoffice visits (prenatal care)Childbirth/Delivery Professional ServicesChildbirth/Delivery Facility ServicesDiagnostic tests(ultrasounds and blood work)Specialist visit (anesthesia)		This EXAMPLE event includes services like:Primary care physicianoffice visits (includingdisease education)Diagnostic tests (blood work)Prescription drugsDurable medical equipment (glucose meter)		This EXAMPLE event includes services like:Emergency room care (including medical supplies)Diagnostic test (x-ray)Durable medical equipment (crutches)Rehabilitation services (physical therapy)	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
<u>Deductibles</u>	\$7,500	<u>Deductibles</u>	\$900	Deductibles	\$2,100
<u>Copayments</u>	\$0	<u>Copayments</u>	\$1,100	<u>Copayments</u>	\$500
Coinsurance	\$1,700	Coinsurance	\$0	<u>Coinsurance</u>	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	60 Limits or exclusions \$20 Limits or exclusions		Limits or exclusions	\$0
The total Peg would pay is	\$9,260	The total Joe would pay is	\$2,020	The total Mia would pay is	\$2,600

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

Health care coverage is important for everyone.

If you, or someone you are helping, have questions, you have the right to get help and information in your language at no cost. To talk to an interpreter, call 855-710-6984. We provide free communication aids and services for anyone with a disability or who needs language assistance.

We do not discriminate on the basis of race, color, national origin, sex, gender identity, age, sexual orientation, health status or disability. If you believe we have failed to provide a service, or think we have discriminated in another way, contact us to file a grievance.

Office of Civil Rights Coordinator	Phone:	855-664-7270 (voicemail)
300 E. Randolph St., 35th Floor	TTY/TDD:	855-661-6965
Chicago, IL 60601	Fax:	855-661-6960

You may file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, at:

U.S. Dept. of Health & Human Services	
200 Independence Avenue SW	
Room 509F, HHH Building 1019	
Washington, DC 20201	

of Health and Huma	an Se
Phone:	800
TTY/TDD:	800-
Complaint Portal:	https
Complaint Forms:	https
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800-368-1019 800-537-7697 https://ocrportal.hhs.gov/ocr/smartscreen/main.jsf https://www.hhs.gov/civil-rights/filing-acomplaint/complaint-process/index.html

	To receive language or communication assistance free of charge, please call us at 855-710-6984.
Español	Llámenos al 855-710-6984 para recibir asistencia lingüística o comunicación en otros formatos sin costo.
العربية	لتلقي المساعدة اللغوية أو التواصل مجانًا، يرجى الاتصال بنا على الرقم 6984-710-855.
繁體中文	如欲獲得免費語言或溝通協助, 請撥打855-710-6984與我們聯絡。
Français	Pour bénéficier gratuitement d'une assistance linguistique ou d'une aide à la communication, veuillez nous appeler au 855-710-6984.
Deutsch	Um kostenlose Sprach- oder Kommunikationshilfe zu erhalten, rufen Sie uns bitte unter 855-710-6984 an.
ગુજરાતી	ભાષા અથવા સંચાર સહાય મફતમાં મેળવવા માટે, કૃપા કરીને અમને 855-710-6984 પર કૉલ કરો.
हिंदी	निःशुल्क भाषा या संचार सहायता प्राप्त करने के लिए, कृपया हमें 855-710-6984 पर कॉल करें।
Italiano	Per assistenza gratuita alla lingua o alla comunicazione, chiami il numero 855-710-6984.
한국어	언어 또는 의사소통 지원을 무료로 받으려면 855-710-6984번으로 전화해 주세요.
Navajo	Niná: Doo bilagáana bizaad dinits'á'góó, shá ata' hodooni nínízingo, t'áájíík'eh bee náhaz'á. 1-866-560-4042 jį' hodíilni.
فارسى	بر ای دریافت کمک زبانی یا ارتباطی رایگان، لطفاً با شمار ه 6984-710-855 تماس بگیرید.
Polski	Aby uzyskać bezpłatną pomoc językową lub komunikacyjną, prosimy o kontakt pod numerem 855-710-6984.
Русский	Чтобы бесплатно воспользоваться услугами перевода или получить помощь при общении, звоните нам по телефону 855-710-6984.
Tagalog	Para makatanggap ng tulong sa wika o komunikasyon nang walang bayad, pakitawagan kami sa 855-710-6984.
اردو	مفت میں زبان یا مواصلت کی مدد موصول کرنے کے لیے، براہِ کرم ہمیں 6984-710-855 پر کال کریں۔
Tiếng Việt	Để được hỗ trợ ngôn ngữ hoặc giao tiếp miễn phí, vui lòng gọi cho chúng tôi theo số 855-710-6984