The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.bcbsok.com/bb/ind/bb\_gh3a40baviokp\_ok\_2025.pdf or by calling 1-866-520-2507. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance</u> <u>billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call 1-855-756-4448 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$0 at Indian Health Care <u>Provider</u> (IHCP) or with IHCP <u>referral</u> at non-IHCP; or <u>Network</u> : \$1,000 Individual/\$2,000 Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. Services from Indian health care <u>provider</u> , preventive health, some services with a <u>copayment</u> , and certain <u>prescription</u> <u>drugs</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$7,000 Individual/\$14,000 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, <u>balance billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.bcbsok.com/myblue</u> or call 1-866-520-2507 for a list of <u>network</u> <u>providers</u> .	You pay the least if you use a <u>provider</u> in IHCP <u>Network</u> . You pay more if you use a <u>provider</u> in Non-IHCP <u>Network</u> . You will pay the most if you use an <u>out-of-network</u> <u>provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network</u> <u>provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .



All **<u>copayment</u>** and <u>**coinsurance**</u> costs shown in this chart are after your <u>**deductible**</u> has been met, if a <u>**deductible**</u> applies.

			What You Will Pay		
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In- Network Provider (You will pay more)	Non-IHCP Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	No Charge	\$10/visit; <u>deductible</u> does not apply	Not Covered	Telemedicine Visits are available. See your benefit booklet* for details.
If you visit a health care <u>provider's</u> office	<u>Specialist</u> visit	No Charge	30% <u>coinsurance</u>	Not Covered	Referral required. Cost sharing waived at non-IHCP with IHCP referral.
or clinic	<u>Preventive</u> <u>care/screening</u> /immunization	No Charge	No Charge; <u>deductible</u> does not apply	Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
	<u>Diagnostic test</u> (x-ray, blood work)	No Charge	Freestanding Facility: 20% <u>coinsurance</u> Hospital: 30% <u>coinsurance</u>	Not Covered	<u>Referral</u> required. <u>Cost sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
If you have a test	Imaging (CT/PET scans, MRIs)	No Charge	Freestanding Facility: 20% <u>coinsurance</u> Hospital: 30% <u>coinsurance</u>	Not Covered	<u>Referral</u> required. <u>Preauthorization</u> required; see your benefit booklet* for details. <u>Cost sharing</u> waived at non- IHCP with IHCP <u>referral</u> .
If you need drugs to treat your illness or condition More information about	Generic drugs (Preferred)	No Charge	Retail: Preferred Participating - \$5/prescription Participating - \$10/prescription Mail: \$15/prescription; <u>deductible</u> does not apply	Not Covered	Limited to a 30-day supply at retail (or a 90-day supply at a <u>network</u> of select retail pharmacies). Up to a 90-day supply at mail order. <u>Specialty drugs</u> are limited to a 30-day supply except for certain FDA-designated dosing regimens. <u>Preauthorization</u> is required for certain drugs. Payment of the difference between the cost of a brand
prescription drug coverage is available at www.bcbsok.com/rx25 /6T	Generic drugs (Non- Preferred)	No Charge	Retail: Preferred Participating - \$15/prescription Participating - \$25/prescription Mail: \$45/prescription; <u>deductible</u> does not apply	Not Covered	name drug and a generic may also be required if a generic drug is available. Your cost for a covered insulin drug will not exceed \$30 per 30-day supply or \$90 per 90-day supply.

		What You Will Pay			
Common Medical Event	Common         Non-IHCP In-           Medical Event         Services You May Need         Provider (IHCP)         Network Provider           (You will pay the         (You will pay the         (You will pay more)         (You will pay the		Non-IHCP Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Brand drugs (Preferred)	No Charge	Retail: Preferred Participating - 30% <u>coinsurance</u> Participating - 35% <u>coinsurance</u>	Not Covered	
	Brand drugs (Non-Preferred)	No Charge	Retail: Preferred Participating - 35% <u>coinsurance</u> Participating - 40% <u>coinsurance</u>	Not Covered	
	Specialty drugs (Preferred)	No Charge	45% coinsurance	Not Covered	
	Specialty drugs (Non- Preferred)	No Charge	50% coinsurance	Not Covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge	Freestanding Facility: \$300/visit plus 20% coinsurance Hospital: \$300/visit plus 30% coinsurance	Not Covered	<u>Referral</u> required. <u>Preauthorization</u> required. For Outpatient Infusion Therapy, see your benefit booklet* for details. <u>Cost sharing</u> waived at non- IHCP with IHCP <u>referral</u> .
	Physician/surgeon fees	No Charge	30% <u>coinsurance</u>	Not Covered	<u>Referral</u> required. For Outpatient Infusion Therapy, see your benefit booklet* for details. <u>Cost sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
lf you need	Emergency room care	No Charge	\$950/visit plus 30% <u>coinsurance</u>	\$950/visit plus 30% <u>coinsurance</u>	<u>Copayment</u> waived if admitted. <u>Cost</u> <u>sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
immediate medical attention	Emergency medical transportation	No Charge	30% <u>coinsurance</u>	30% <u>coinsurance</u>	Cost sharing waived at non-IHCP with IHCP referral.
	<u>Urgent care</u>	No Charge	\$30/visit; <u>deductible</u> does not apply	Not Covered	Cost sharing waived at non-IHCP with IHCP referral.
lf you have a hospital stay	Facility fee (e.g., hospital room)	No Charge	\$400/visit plus 30% <u>coinsurance</u>	Not Covered	<u>Referral</u> required. <u>Preauthorization</u> required; See your benefit booklet* for details. <u>Cost sharing</u> waived at non-IHCP with IHCP <u>referral</u> .

			What You Will Pay				
	Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In- Network Provider (You will pay more)	Non-IHCP Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
		Physician/surgeon fees	No Charge	30% <u>coinsurance</u>	Not Covered	<u>Referral</u> required. <u>Cost sharing</u> waived at non-IHCP with IHCP <u>referral</u> .	
_	you need mental ealth, behavioral	Outpatient services	No Charge	30% <u>coinsurance</u> for office visit or 20% <u>coinsurance</u> for other outpatient services	Not Covered	Telemedicine Visits are available. <u>Preauthorization</u> required; see your benefit booklet* for details. <u>Cost</u> <u>sharing</u> waived at non-IHCP with IHCP <u>referral</u> .	
	ealth, or substance buse services	Inpatient services	No Charge	\$400/visit plus 30% <u>coinsurance</u>	Not Covered	Referral required. Preauthorization required; see your benefit booklet* for details. Cost sharing waived at non-IHCP with IHCP referral.	
I	you are pregnant	Office visits		Primary Care: \$10/initial visit; <u>deductible</u> does not apply <u>Specialist</u> : 30% <u>coinsurance</u>	Not Covered	<u>Copayment</u> applies to first prenatal visit only (per pregnancy). <u>Cost sharing</u> does not apply for <u>preventive services</u> . Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> , or <u>deductible</u> may apply. Maternity care may include	
		Childbirth/delivery professional services	No Charge	30% <u>coinsurance</u>	Not Covered	tests and services described elsewhere in the SBC (i.e., ultrasound). <u>Cost</u> sharing waived at non-IHCP with IHCP	
		Childbirth/delivery facility services	No Charge	\$400/visit plus 30% <u>coinsurance</u>	Not Covered	referral.	

			What You Will Pay		
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In- Network Provider (You will pay more)	Non-IHCP Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Home health care	No Charge	30% <u>coinsurance</u>	Not Covered	30 visits/year. <u>Referral</u> required. <u>Preauthorization</u> required; see your benefit booklet* for details. <u>Cost sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
	Rehabilitation services	No Charge	30% coinsurance	Not Covered	Referral required. Preauthorization
If you need help recovering or have other special health needs	<u>Habilitation services</u>	No Charge	30% <u>coinsurance</u>	Not Covered	required; see your benefit booklet* for details. Outpatient: Separate 25-visit limit per benefit period for <u>Rehabilitation</u> and <u>Habilitation services</u> , which includes physical, speech, occupational therapy, and muscle manipulation. Inpatient: Separate 30- day maximum for <u>Rehabilitation</u> and <u>Habilitation services</u> per benefit period. <u>Cost sharing</u> waived at non-IHCP with IHCP referral.
	Skilled nursing care	No Charge	30% <u>coinsurance</u>	Not Covered	30 days/year. <u>Referral</u> required. <u>Preauthorization</u> required; see your benefit booklet* for details. <u>Cost sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
	Durable medical equipment	No Charge	30% <u>coinsurance</u>	Not Covered	Referral required. Cost sharing waived at non-IHCP with IHCP referral.
	Hospice services	No Charge	Inpatient: \$400/visit plus 30% <u>coinsurance</u> Outpatient: 30% <u>coinsurance</u>	Not Covered	<u>Referral</u> required. <u>Preauthorization</u> required; See your benefit booklet* for details. <u>Cost sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
If your child needs dental or eye care	Children's eye exam	No Charge	No Charge; <u>deductible</u> does not apply	Up to a \$30 reimbursement is available	One visit per year. Out-of-Network reimbursement will not exceed the retail cost. See your benefit booklet* (Pediatric Vision Care Benefits) for details.

		What You Will Pay				
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In- Network Provider (You will pay more)	Non-IHCP Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Children's glasses	No Charge	deductible does not	Up to a \$75 reimbursement is available	One pair of glasses per year. Reimbursement for frames, lenses, and lens options purchased Out-of-Network is available (not to exceed the retail cost). See your benefit booklet* (Pediatric Vision Care Benefits) for details.	
	Children's dental check-up	Not Covered	Not Covered	Not Covered	None	

## Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (C	heck your policy or plan document for more inforr	nation and a list of any other <u>excluded services</u> .)
<ul> <li>Abortion (except when the life of the mother is endangered)</li> <li>Acupuncture</li> <li>Bariatric surgery (for treatment of obesity/weight reduction)</li> <li>Cosmetic surgery (Except when medically necessary)</li> </ul>	<ul> <li>Dental care (Adult and Child)</li> <li>Infertility treatment</li> <li>Long-term care</li> <li>Non-emergency care when traveling outside the U.S.</li> </ul>	<ul> <li>Routine eye care (Adult)</li> <li>Routine foot care (except when <u>medically</u> <u>necessary</u>)</li> <li>Weight loss programs</li> </ul>
Other Covered Services (Limitations may apply to	o these services. This isn't a complete list. Please s	see your <u>plan</u> document.)
<ul> <li>Chiropractic care (Chiropractic and Osteopathic manipulation combined with outpatient therapies limited to 25 visits per calendar year)</li> </ul>	<ul> <li>Hearing aids (limited to one each ear every 48 months)</li> </ul>	<ul> <li>Private-duty nursing (limited to 85 visits per year)</li> </ul>

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the <u>plan</u> at Blue Cross and Blue Shield of Oklahoma at 1-866-520-2507 or visit <u>www.bcbsok.com</u>. You may also contact your state insurance department at 1-405-521-2991 or the, Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</u>. Other coverage options may be available to you too, including buying individual insurance coverage through the <u>Health Insurance</u> <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596 or state <u>Health Insurance Marketplace</u> or SHOP.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Oklahoma Department of Insurance, Consumer Protection at 1-405-521-2991 or <u>www.oid.ok.gov</u>.

### Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

#### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-520-2507.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-520-2507.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-866-520-2507.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-520-2507.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

# About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a B</b> (9 months of in-network pre-na hospital delivery)	tal care and a	Managing Joe's Type 2 (a year of routine in-network c controlled condition	are of a well-	<b>Mia's Simple Fracture</b> (in-network emergency room visit and follow up care)	
<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist copayment</u></li> <li>Hospital (facility) <u>copayment</u></li> <li>Other <u>coinsurance</u></li> </ul>	\$0 \$0 \$0 \$0	Specialist copayment\$0Hospital (facility) copayment\$0		<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist copayment</u></li> <li>Hospital (facility) <u>copayment</u></li> <li>Other <u>coinsurance</u></li> </ul>	
Specialistoffice visits (prenatal care)PrChildbirth/DeliveryProfessional ServicesdisChildbirth/DeliveryFacilityServicesDiagnostic tests(ultrasounds and blood work)Pr		Primary care physician office visits disease education) Diagnostic tests (blood work) Prescription drugs	Diagnostic tests (blood work)		rvices like: edical supplies) es) erapy)
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing Cost Shari		Cost Sharing	
Deductibles	\$0	<u>Deductibles</u>	Deductibles \$0		\$0
Copayments	\$0	<u>Copayments</u>	\$0	<u>Copayments</u>	\$0
Coinsurance	ce \$0 Coinsurance \$0		\$0	<u>Coinsurance</u>	\$0
What isn't covered		What isn't covered	d	What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0
The total Peg would pay is	\$60	The total Joe would pay is	\$20	The total Mia would pay is	\$0

Note: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: 1-866-236-1702. Note: These numbers assume the patient received care from an IHCP <u>provider</u> or with IHCP <u>referral</u> at a non-IHCP. If you receive care from a non-IHCP provider

without a referral from an IHCP your costs may be higher.

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

#### Health care coverage is important for everyone.

If you, or someone you are helping, have questions, you have the right to get help and information in your language at no cost. To talk to an interpreter, call 855-710-6984. We provide free communication aids and services for anyone with a disability or who needs language assistance.

We do not discriminate on the basis of race, color, national origin, sex, gender identity, age, sexual orientation, health status or disability. If you believe we have failed to provide a service, or think we have discriminated in another way, contact us to file a grievance.

Office of Civil Rights Coordinator	Phone:	855-664-7270 (voicemail)
300 E. Randolph St., 35th Floor	TTY/TDD:	855-661-6965
Chicago, IL 60601	Fax:	855-661-6960

You may file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, at:

U.S. Dept. of Health & Human Services	
200 Independence Avenue SW	
Room 509F, HHH Building 1019	
Washington, DC 20201	

of Health and Huma	an Se
Phone:	800
TTY/TDD:	800-
Complaint Portal:	https
Complaint Forms:	https
16743	COL

800-368-1019 800-537-7697 https://ocrportal.hhs.gov/ocr/smartscreen/main.jsf https://www.hhs.gov/civil-rights/filing-acomplaint/complaint-process/index.html

	To receive language or communication assistance free of charge, please call us at 855-710-6984.
Español	Llámenos al 855-710-6984 para recibir asistencia lingüística o comunicación en otros formatos sin costo.
العربية	لتلقي المساعدة اللغوية أو التواصل مجانًا، يرجى الاتصال بنا على الرقم 6984-710-855.
繁體中文	如欲獲得免費語言或溝通協助,請撥打855-710-6984與我們聯絡。
Français	Pour bénéficier gratuitement d'une assistance linguistique ou d'une aide à la communication, veuillez nous appeler au 855-710-6984.
Deutsch	Um kostenlose Sprach- oder Kommunikationshilfe zu erhalten, rufen Sie uns bitte unter 855-710-6984 an.
ગુજરાતી	ભાષા અથવા સંચાર સહાય મફતમાં મેળવવા માટે, કૃપા કરીને અમને 855-710-6984 પર કૉલ કરો.
हिंदी	निःशुल्क भाषा या संचार सहायता प्राप्त करने के लिए, कृपया हमें 855-710-6984 पर कॉल करें।
Italiano	Per assistenza gratuita alla lingua o alla comunicazione, chiami il numero 855-710-6984.
한국어	언어 또는 의사소통 지원을 무료로 받으려면 855-710-6984번으로 전화해 주세요.
Navajo	Niná: Doo bilagáana bizaad dinits'á'góó, shá ata' hodooni nínízingo, t'áájíík'eh bee náhaz'á. 1-866-560-4042 jį' hodíilni.
فارسى	بر ای دریافت کمک زبانی یا ارتباطی رایگان، لطفاً با شماره 6984-710-855 تماس بگیرید.
Polski	Aby uzyskać bezpłatną pomoc językową lub komunikacyjną, prosimy o kontakt pod numerem 855-710-6984.
Русский	Чтобы бесплатно воспользоваться услугами перевода или получить помощь при общении, звоните нам по телефону 855-710-6984.
Tagalog	Para makatanggap ng tulong sa wika o komunikasyon nang walang bayad, pakitawagan kami sa 855-710-6984.
اردو	مفت میں زبان یا مواصلت کی مدد موصول کرنے کے لیے، براہِ کرم ہمیں 6984-710-855 پر کال کریں۔
Tiếng Việt	Để được hỗ trợ ngôn ngữ hoặc giao tiếp miễn phí, vui lòng gọi cho chúng tôi theo số 855-710-6984