

BlueCross BlueShield of Oklahoma: Blue Preferred Gold PPOSM Standard

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.bcbsok.com/bb/ind/bb\_gp3a62eppiokp\_ok\_2025.pdf or by calling 1-866-520-2507. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbcglossary/ or call 1-855-756-4448 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0 at Indian Health Care Provider (IHCP) or with IHCP referral at non-IHCP; or Network: \$1,500 Individual/\$3,000 Family Out-of-Network: \$4,500 Individual/\$9,000 Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Network: \$7,800 Individual/\$15,600 Family Out-of-Network: Unlimited Individual/Unlimited Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
a <u>network provider</u> ?	Yes. See <a href="https://www.bcbsok.com/bluepreferredppo">www.bcbsok.com/bluepreferredppo</a> or call 1-866-520-2507 for a list of <a href="https://www.bcbsok.com/bluepreferredppo">network</a> providers.	You pay the least if you use a <u>provider</u> in IHCP <u>Network</u> . You pay more if you use a <u>provider</u> in Non-IHCP <u>Network</u> . You will pay the most if you use an <u>out-of-network</u> <u>provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

			What You Will Pay		
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	No Charge	\$30/visit; deductible does not apply	30% coinsurance	Telemedicine Visits are available. See your benefit booklet* for details.
If you visit a health care provider's office	Specialist visit	No Charge	\$60/visit; deductible does not apply	30% coinsurance	Cost sharing waived at non-IHCP with IHCP referral.
or clinic	Preventive care/screening/immunization	No Charge	No Charge; deductible does not apply	30% coinsurance	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
	<u>Diagnostic test</u> (x-ray, blood work)	No Charge	25% coinsurance	50% coinsurance	Cost sharing waived at non-IHCP with IHCP referral.
	Imaging (CT/PET scans, MRIs)	No Charge	25% <u>coinsurance</u>	50% <u>coinsurance</u>	Preauthorization is required; see your benefit booklet* for details. Cost sharing waived at non-IHCP with IHCP referral.

			What You Will Pay	Limitations, Exceptions, & Other Important Information	
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Provider (IHCP) (You will pay the least)    Non-IHCP In-Network   Network Provider (You will pay more)   Non-IHCP In-Network		
	Generic drugs	No Charge	Retail: Preferred Participating - \$15/prescription Participating - \$15/prescription Mail - \$45/prescription; deductible does not apply	Retail: \$15/prescription; deductible does not apply plus 50% additional charge	
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available	Brand drugs (Preferred)	No Charge	Retail: Preferred Participating - \$30/prescription Participating - \$30/prescription Mail - \$90/prescription; deductible does not apply	Retail: \$30/prescription; deductible does not apply plus 50% additional charge	Limited to a 30-day supply at retail (or a 90-day supply at a <u>network</u> of select retail pharmacies). Up to a 90-day supply at mail order. <u>Specialty drugs</u> are limited to a 30-day supply except for certain FDA-designated dosing regimens. <u>Preauthorization</u> is required for certain drugs. Payment of the difference between the cost of a brand
at www.bcbsok.com/rx25 /4T	Brand drugs (Non-Preferred)	No Charge	Retail: Preferred Participating - \$60/prescription Participating - \$60/prescription Mail - \$180/prescription; deductible does not apply	Retail: \$60/prescription; deductible does not apply plus 50% additional charge	name drug and a generic may also be required if a generic drug is available. Your cost for a covered insulin drug will not exceed \$30 per 30-day supply or \$90 per 90-day supply.
	Specialty drugs	No Charge	\$250/prescription; deductible does not apply	\$250/prescription; deductible does not apply plus 50% additional charge	
If you have	Facility fee (e.g., ambulatory surgery center)	No Charge	25% coinsurance	\$2,000/visit plus 50% coinsurance	Preauthorization is required. For Outpatient Infusion Therapy, see your
outpatient surgery	Physician/surgeon fees	No Charge	25% <u>coinsurance</u>	50% coinsurance	benefit booklet* for details. <u>Cost</u> <u>sharing</u> waived at non-IHCP with IHCP <u>referral</u> .

<sup>\*</sup>For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.bcbsok.com/bb/ind/bb\_gp3a62eppiokp\_ok\_2025.pdf</u>

			What You Will Pay		
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need	Emergency room care	No Charge	25% <u>coinsurance</u>	25% coinsurance	Out-of-network <u>cost share</u> is subject to <u>Network deductible</u> . <u>Cost sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
immediate medical	Emergency medical transportation	No Charge	25% <u>coinsurance</u>	25% coinsurance	Cost sharing waived at non-IHCP with IHCP referral.
	<u>Urgent care</u>	No Charge	\$45/visit; <u>deductible</u> does not apply	30% coinsurance	Cost sharing waived at non-IHCP with IHCP referral.
If you have a hospital	Facility fee (e.g., hospital room)	No Charge	25% <u>coinsurance</u>	\$2,000/visit plus 50% coinsurance	Preauthorization is required. Facility: Preauthorization penalty: \$500. See your benefit booklet* for details. Cost sharing waived at non-IHCP with IHCP referral.
stay	Physician/surgeon fees No Charge 25% coinsurance 50% coinsurance		50% coinsurance	Preauthorization is required. See your benefit booklet* for details. Cost sharing waived at non-IHCP with IHCP referral.	
If you need mental health, behavioral	Outpatient services	No Charge	\$30/office visit; deductible does not apply or 25% coinsurance for other outpatient services	30% coinsurance for office visit or 50% coinsurance for other outpatient services	Telemedicine Visits are available. <u>Preauthorization</u> is required; see your benefit booklet* for details. <u>Cost sharing</u> waived at non-IHCP with IHCP referral.
health, or substance abuse services	Inpatient services	No Charge	25% <u>coinsurance</u>	\$2,000/visit plus 50% coinsurance	Preauthorization is required; see your benefit booklet* for details. Preauthorization penalty: \$500. Cost sharing waived at non-IHCP with IHCP referral.

			What You Will Pay		
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Provider (IHCP) (You will pay the (You will pay more)		Limitations, Exceptions, & Other Important Information
If you are pregnant	Office visits	No Charge	Primary Care: \$30/initial visit Specialist: \$60/initial visit; deductible does not apply	30% <u>coinsurance</u>	Copayment applies to first prenatal visit only (per pregnancy). Cost sharing does not apply for preventive services. Depending on the type of services, a copayment, coinsurance, or deductible may apply. Maternity care may include
	Childbirth/delivery professional services	No Charge	25% coinsurance	50% coinsurance	tests and services described elsewhere in the SBC (i.e., ultrasound).
	Childbirth/delivery facility services	No Charge	25% coinsurance	\$2,000/visit plus 50% coinsurance	Cost sharing waived at non-IHCP with IHCP referral.
	Home health care	No Charge	25% <u>coinsurance</u>	50% coinsurance	30 visits/year. Preauthorization is required. Cost sharing waived at non-IHCP with IHCP referral.
	Rehabilitation services	No Charge	\$30/visit; deductible does not apply	30% coinsurance	Outpatient: Separate 25-visit limit per benefit period for Rehabilitation and
If you need help recovering or have other special health needs	Habilitation services	No Charge	\$30/visit; deductible does not apply    Application services   Solution   Sol		physical, speech, occupational therapy, and muscle manipulation. Inpatient: Separate 30-day maximum for Rehabilitation and Habilitation services per benefit period.  Preauthorization is required.  Preauthorization penalty: \$500.  Cost sharing waived at non-IHCP with
	Skilled nursing care	No Charge	25% <u>coinsurance</u>	50% <u>coinsurance</u>	30 days/year. Preauthorization is required. Inpatient Preauthorization penalty: \$500.  Cost sharing waived at non-IHCP with IHCP referral.
	Durable medical equipment	No Charge	25% <u>coinsurance</u>	50% coinsurance	Cost sharing waived at non-IHCP with IHCP referral.

			What You Will Pay			
Common Medical Event	Services You May Need	Provider (IHCP)  Non-IHCP In-Network  Network Provider		Non-IHCP Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Hospice services	No Charge	25% <u>coinsurance</u>	Inpatient: \$2,000/visit plus 50% coinsurance Outpatient: 50% coinsurance	Preauthorization is required. Inpatient Preauthorization penalty: \$500. Cost sharing waived at non-IHCP with IHCP referral.	
	Children's eye exam	No Charge	No Charge; deductible does not apply	Up to a \$30 reimbursement is available	One visit per year. Out-of-Network reimbursement will not exceed the retail cost. See your benefit booklet* (Pediatric Vision Care Benefits) for details.	
If your child needs dental or eye care	Children's glasses	No Charge	No Charge; deductible does not apply	Up to a \$75 reimbursement is available	One pair of glasses per year. Reimbursement for frames, lenses, and lens options purchased Out-of- Network is available (not to exceed the retail cost). See your benefit booklet* (Pediatric Vision Care Benefits) for details.	
	Children's dental check-up	Not Covered	Not Covered	Not Covered	None	

#### **Excluded Services & Other Covered Services:**

# Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion (unless the life of the mother is endangered)
- Acupuncture
- Bariatric surgery (for treatment of obesity/weight reduction)
- Cosmetic surgery (Except when <u>medically</u> necessary)

- Dental care (Adult and Child)
- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Routine eye care (Adult)
- Routine foot care (except when medically necessary)
- Weight loss programs

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic care (Chiropractic and Osteopathic manipulation combined with outpatient therapies limited to 25 visits per calendar year)
- Hearing aids (limited to one each ear every 48 months)
- Private-duty nursing (limited to 85 visits per year)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the <u>plan</u> at Blue Cross and Blue Shield of Oklahoma at 1-866-520-2507 or visit <u>www.bcbsok.com</u>. You may also contact your state insurance department at 1-405-521-2991 or the, Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</u>. Other coverage options may be available to you too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596 or state <u>Health Insurance Marketplace</u> or SHOP.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Oklahoma Department of Insurance, Consumer Protection at 1-405-521-2991 or <u>www.oid.ok.gov</u>.

#### Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-520-2507.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-520-2507.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-866-520-2507.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-520-2507.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

# **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's Type 2 Diabetes (a year of routine in-network care of a well-controlled condition)			Mia's Simple Fracture (in-network emergency room visit and follow up care)	
■ The plan's overall deductible \$0 ■ Specialist copayment \$0 ■ Hospital (facility) copayment \$0 ■ Other coinsurance \$0		<ul> <li>The plan's overall deductible</li> <li>Specialist copayment</li> <li>Hospital (facility) copayment</li> <li>Other coinsurance</li> <li>\$0</li> </ul>		0 = <u>S</u> 0 = H	The <u>plan's</u> overall <u>deductible</u> Specialist <u>copayment</u> Hospital (facility) <u>copayment</u> Other <u>coinsurance</u>	\$0 \$0 \$0 \$0
This EXAMPLE event includes services like:  Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)		Primary care physician office visits disease education) Diagnostic tests (blood work) Prescription drugs	Diagnostic tests (blood work)		This EXAMPLE event includes services like:  Emergency room care (including medical supplies)  Diagnostic test (x-ray)  Durable medical equipment (crutches)  Rehabilitation services (physical therapy)	
Total Example Cost	\$12,700	Total Example Cost	\$5,60	0 Tota	al Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In th	In this example, Mia would pay:	

Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
<u>Deductibles</u>	\$0	<u>Deductibles</u>	\$0	<u>Deductibles</u>	\$0
<u>Copayments</u>	\$0	Copayments	\$0	<u>Copayments</u>	\$0
<u>Coinsurance</u>	\$0	Coinsurance	\$0	<u>Coinsurance</u>	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0
The total Peg would pay is	\$60	The total Joe would pay is	\$20	The total Mia would pay is	\$0

Note: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: 1-866-236-1702.

Note: These numbers assume the patient received care from an IHCP <u>provider</u> or with IHCP <u>referral</u> at a non-IHCP. If you receive care from a non-IHCP <u>provider</u> without a <u>referral</u> from an IHCP your costs may be higher.

The plan would be responsible for the other costs of these EXAMPLE covered services.

#### Health care coverage is important for everyone.

If you, or someone you are helping, have questions, you have the right to get help and information in your language at no cost. To talk to an interpreter, call 855-710-6984. We provide free communication aids and services for anyone with a disability or who needs language assistance.

We do not discriminate on the basis of race, color, national origin, sex, gender identity, age, sexual orientation, health status or disability. If you believe we have failed to provide a service, or think we have discriminated in another way, contact us to file a grievance.

Office of Civil Rights Coordinator Phone: 855-664-7270 (voicemail)

300 E. Randolph St., 35<sup>th</sup> Floor TTY/TDD: 855-661-6965 Chicago, IL 60601 Fax: 855-661-6960

You may file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, at:

U.S. Dept. of Health & Human Services Phone: 800-368-1019 200 Independence Avenue SW TTY/TDD: 800-537-7697

Room 509F, HHH Building 1019 Complaint Portal: https://ocrportal.hhs.gov/ocr/smartscreen/main.jsf

Washington, DC 20201 Complaint Forms: https://www.hhs.gov/civil-rights/filing-a-

complaint/complaint-process/index.html

	To receive language or communication assistance free of charge, please call us at 855-710-6984.
Español	Llámenos al 855-710-6984 para recibir asistencia lingüística o comunicación en otros formatos sin costo.
العربية	لتلقي المساعدة اللغوية أو التواصل مجانًا، يرجى الاتصال بنا على الرقم 6984-710-855.
繁體中文	如欲獲得免費語言或溝通協助,請撥打855-710-6984與我們聯絡。
Français	Pour bénéficier gratuitement d'une assistance linguistique ou d'une aide à la communication, veuillez nous appeler au 855-710-6984.
Deutsch	Um kostenlose Sprach- oder Kommunikationshilfe zu erhalten, rufen Sie uns bitte unter 855-710-6984 an.
ગુજરાતી	ભાષા અથવા સંચાર સહાય મફતમાં મેળવવા માટે, કૃપા કરીને અમને 855-710-6984 પર કૉલ કરો.
हिंदी	निःशुल्क भाषा या संचार सहायता प्राप्त करने के लिए, कृपया हमें 855-710-6984 पर कॉल करें।
Italiano	Per assistenza gratuita alla lingua o alla comunicazione, chiami il numero 855-710-6984.
한국어	언어 또는 의사소통 지원을 무료로 받으려면 855-710-6984번으로 전화해 주세요.
Navajo	Niná: Doo bilagáana bizaad dinits'á'góó, shá ata' hodooni nínízingo, t'áájíík'eh bee náhaz'á. 1-866-560-4042 jį' hodíilni.
قارسى	براى دريافت كمك زباني يا ارتباطي رايگان، لطفاً با شماره 6984-710-855 تماس بگيريد.
Polski	Aby uzyskać bezpłatną pomoc językową lub komunikacyjną, prosimy o kontakt pod numerem 855-710-6984.
Русский	Чтобы бесплатно воспользоваться услугами перевода или получить помощь при общении, звоните нам по телефону 855-710-6984.
Tagalog	Para makatanggap ng tulong sa wika o komunikasyon nang walang bayad, pakitawagan kami sa 855-710-6984.
اردو	مفت میں زبان یا مواصلت کی مدد موصول کرنے کے لیے، براہِ کرم ہمیں 6984-710-855 پر کال کریں۔
Tiếng Việt	Để được hỗ trợ ngôn ngữ hoặc giao tiếp miễn phí, vui lòng gọi cho chúng tôi theo số 855-710-6984